

Badminton and Table Tennis Study Guide

Badminton:

1. An official game is played to 15 points and must win by 2 points
2. Two pieces of equipment are used: a racket and a shuttlecock
3. The shuttlecock has feathers and is hit over the net with the racket
4. A fault is any violation of the rules
5. An inning is the time period when a side holds the service
6. Each side (team) is allowed two faults per inning; EXCEPT for the side that serves first at the beginning of a game, they will have one team fault in the first inning
7. When serving the server must:
 - * keep both feet on the ground
 - * use an underhand serve
 - * serve diagonally across the net
 - * contact the shuttlecock below the waist
8. If your team score is ODD (1,3,5...) you serve from the left service court
9. If your team score is EVEN (0,2,4...) you serve from the right service court
10. Your team can only score when you are serving
11. The serve must be diagonal and land behind the short service line and in front of the long service line
12. If the server attempts to serve and totally misses the shuttlecock, they may try again.

Table Tennis:

The Serve

- * Can not palm the ball
- * Must hit ball above and behind the table
- * Serve must be diagonal (right court to right court) - Doubles
- * Ball must bounce before crossing the net

Scoring

- * Scoring goes in sets of five (each person serves for 5 points)
- * Scoring may be done by both teams
- * Game is played to 21 and must win by 2 points

Return

- * Must bounce on your side of table before returning the other side
- * You and your partner must alternate hits when returning the ball to the other side

Badminton Court

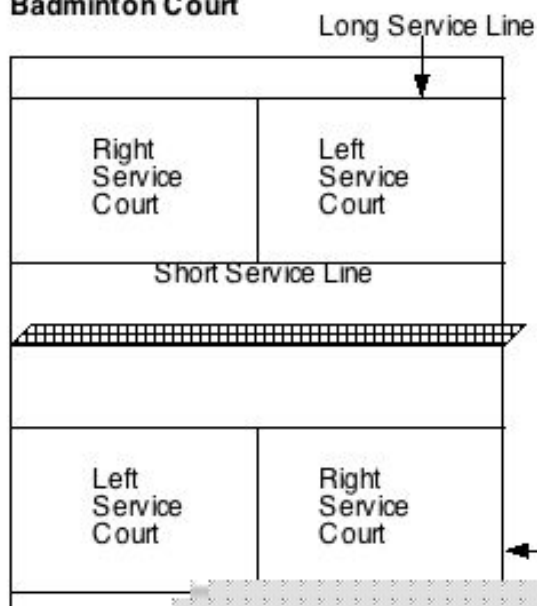
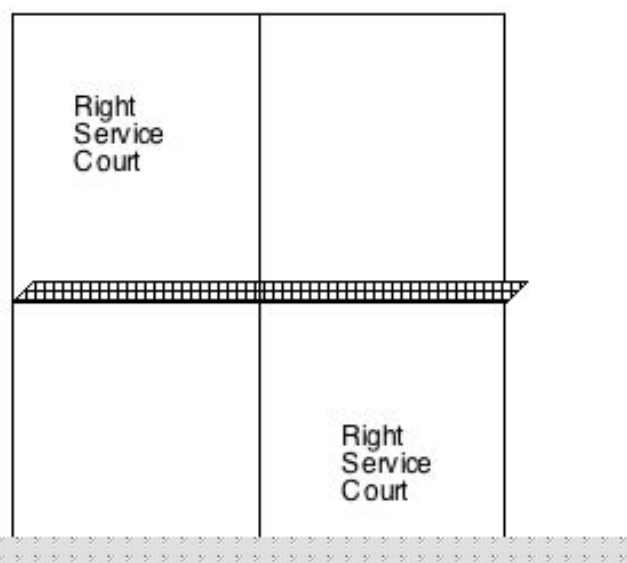


Table Tennis Court



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Badminton Court - - Table Tennis Court Long service Line

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